

# Athletics Code of Conduct

St. Thomas Aquinas Catholic Secondary School



## London District Catholic School Board Athletics Code of Conduct

**Student/Athlete:**

Aaron Day

**Date of Birth:**

2002-05-15

**Parent/Guardian:**

Beth Day

### Rationale

The London District Catholic School Board is pleased to offer its students a full range of athletic opportunities, enabling students to represent their school in the public spotlight. Sports must be seen as a “privilege” and not a “right”, therefore athletes are expected to abide by a Code of Conduct at all times.

Each athlete enters his/her sport with unique gifts and talents given to us from God. Individual athletes begin competition with dignity and this dignity must be prevalent throughout the duration of the sporting event. As a Catholic school, we celebrate this dignity in sport by showing respect in our interactions with other athletes and coaches both within our school and while in other schools.

Love of our neighbour within competition begins with a sense of self-worth and self-discipline. To this end, the Athletic Code of Behavior has been formulated to help athletes develop self-discipline and the ability to cooperate competitively with others, within the framework of sport.

Everyone has a role to play in this responsibility: parents, athletes, and coaches. While athletes must respect and conform to the authority of their coaches, so to, must coaches respect the needs of each athlete, ensuring that the talents, skills and feelings of self-worth are utilized at all times. “Win at all costs” has no place in our Catholic athletic rationale, but rather the philosophy of utilizing and improving the talents and skills for the betterment of the individual and the team.

Parents will be informed of practices and games, and be encouraged to become involved in their children’s and the school’s various successes.

The Athletic Code of Behavior will help the athlete achieve a form of self-discipline, based on respect for oneself and others. It will encourage all individual athletes to internalize values common to all and to accept responsibility for the consequences of their actions.

### Coach and Athlete

It is recognized and applauded that both coaches and athletes voluntarily choose to give of their time and talents in pursuits that enhance the well-being of the school community. The operation of school sport provides for both individual development and enjoyment, as well as for the development and expression of school spirit throughout the larger community. In making this choice, both athletes and coaches must accept commitments and assume responsibilities.



Signed Electronically by:

Aaron S Day (2017-08-31 08:48:01 AM) Beth J Day (2017-08-31 08:47:53 AM)



A coach assumes the responsibility for the organization and operation of a team in a manner that best provides for the physical and attitudinal progress of his/her athletes. Each team acts as a representative of the school and so a coach must ensure that the behavior of the team is in accordance with the school's values. An athlete correspondingly assumes the responsibility of acting as a good ambassador of the school's community.

In becoming a member of a school team, an athlete commits himself/herself to cooperate with the coach in pursuing the development of the team and each of its members. In recognition of the aforementioned principles, the following Articles and Policies will apply to all Catholic Central athletes.

## Articles of the LDCSB Athletic Code of Behavior

1. **Tryouts:** In order to gain a position on a team, an athlete must successfully participate in a tryout procedure as determined by the coach.
2. **Practices:** Athletes are expected to attend ALL practices and to give a full effort in executing the drills and routines. Continued absence from practice may lead to a loss of playing time and/or removal from the team.
3. **Attendance:** If an athlete is absent from school during the day, then the athlete CANNOT participate in a game or competition on that day. Chronic absenteeism or punctuality for any class will be reviewed by the school's Administration and the Athletic Review Board.
4. **Academics:** Any academic issues take precedence over athletics. Athletics is a privilege NOT a right. Students NOT in good academic standing (in any of their courses) can have their athletic eligibility reviewed at any time by the school's Administration and the Athletic Review Board.
5. **Behaviour:** An athlete is expected to compete with intensity and desire under the principles of good sportsmanship and fair play. Respect yourself, your opponent, all coaches, and the officials. An athlete's behavior is expected to be beyond reproach. Athletes are under school supervision for the duration of the event. School policies remain in force.

## Policies of the LDCSB Athletic Code of Behavior

1. **Participation:** Athletics may only participate in one sport per season, with the exception of golf, badminton and tennis..
2. **Quitting a Team:** If an athlete gains a position on a team and subsequently quits without just cause, then the athlete surrenders the privilege of playing for ANY other school team for a full year. If appealed, the Athletic Review Board will determine just cause.
3. **Removal from a Team:** If an athlete is removed from a team for disciplinary reasons with just cause, then the athlete surrenders the privilege of playing for ANY other school team for a full year. The removal of an athlete from a team must be made by a unanimous



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decision of the coaches of the team, in consultation with the Athletic Director and the school's Administration. If appealed, just cause will be determined by the Athletic Review Board.

## Composition of the Athletic Review Board

1. **The Athletic Director.**
2. **At least one Administrator.**
3. **The Physical Education Department Head, or at least one representative from the Physical Education Department.**
4. **Two non-affiliated coaches, one male and one female**

## Possible Consequences:

- Loss of playing time and/or a temporary suspension of athletic participation privileges.
- Removal from the team and forfeit of athletic participation privileges for a specified period of time.
- A warning may be issued with the next violation of the Athletic Code of Conduct resulting in suspension from Athletics for a specified period of time.

**LDCSB Mission:** To serve our students through excellence in Catholic education.

**LDCSB Vision:** Inspired by Christ. Learning together. Serving together.

## *Athlete's Declaration*

***I have read and understand the Athletic Code of Behavior. I agree to abide by its Articles and Policies. I realize that there will be a consequence for any breach of this Code.***



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