

# BASIC FIRST AID & CPR/AED LEVEL C



Courses on cardiopulmonary resuscitation (CPR) provide the skills needed to recognize and respond to cardiovascular emergencies and choking for adults, children, and babies depending on the level of CPR chosen. Courses meet legislation requirements for provincial/territorial worker safety and insurance boards, and include the latest CPR guidelines and training in the use of an automated external defibrillator (AED).

## DURATION

CPR BASIC – 2 HOURS Non-certification

## INSTRUCTOR

First Aid/CPR Certified First Aid & CPR/AED Instructor

**PREREQUISITE** None

## COMPLETION

- Non-certification
- Successfully demonstrate steps to take in an emergency
- Attend and participate in 100% of the course – no written evaluation.

## CERTIFICATION

This is a non-certification program

## RECERTIFICATION

Not applicable, as this is a non-certification program. For certification, alternate courses must be selected, not offered at this session.

*\*Note: Online learning available for certification programs, and times for completion may vary depending on the learner.*

## COURSE CONTENT – may include:

### Level A

- The Red Cross
- Responding to Emergencies
- Check, Call, Care
- Recovery position
- Choking – adult
- Assisting with medications
- Angina and heart attack
- Stroke
- CPR and AED– adult
- Deadly bleeding

### Level C

- Level A content
- Choking – child and baby
- CPR and AED – child and baby

## PARTICIPANT MATERIALS

- *None are provided at this level of training*
- *Comprehensive Guide to First Aid & CPR (eBook) link will be shared at training*
- *Pen & Paper suggested*



Canadian  
Red Cross

**Training  
Partner**



**Vantage**  
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